

There are several keys to being a good parent - one is information and another is support. **We provide both.**

Join us for weekly meetings with other parents that focus on support and education. Our group can help you improve your family relationships and make changes before a crisis occurs.



### Topics of Discussion

Topics vary based on the parents in attendance and any challenges or successes they may be having at that time. All parents are encouraged to talk about any issues that affect their relationships with their children. Some examples of topics that have been discussed in the past include:

- Discipline of children
- Child development
- Stress reduction
- Child welfare system
- Self-care as parents



*Stronger today. Brighter tomorrow.*

### ABOUT US

Family Service is a private, nonprofit social service organization with locations throughout Bucks County, PA. For 65 years, we have been improving the lives of children and families, doing whatever it takes to help them overcome obstacles and reach their full potential.

Our mission is to listen, care and help. Every day.

### CONTACT US

Family Service Association of Bucks County

**215.757.6916**

TTY/TDD 215.750.0727

Bucks County Housing Link: 1.800.810.4434

CONTACT Helpline: 215.355.6000

[www.fsabc.org](http://www.fsabc.org)

### OFFICE LOCATIONS

**Bristol: 215.781.6602**

2 Canal's End Road, Suite 201G • Bristol, PA

**Langhorne: 215.757.6916**

4 Cornerstone Drive • Langhorne, PA

**Doylestown: 215.345.0550**

708 North Shady Retreat Road • Doylestown, PA

**Quakertown: 215.538.1616**

200 Apple Street, Suite 1 • Quakertown, PA



We are a member United Way of Bucks County. We are accredited by the Council on Accreditation for Children and Family Services, Inc. Our agency is licensed by The State of Pennsylvania to provide both outpatient mental health and drug and alcohol services. Services and employment are provided in a nondiscriminatory manner, without regard to age, race, religion, national origin, sex, limited English proficiency, disability, sexual orientation, transgender status, protected veteran status or other non-job-related factors, including those persons who are primary consumers of behavioral health services.

# Parent Support Group

*Help for parents from parents*



*Stronger today. Brighter tomorrow.*

Our Parent Support Group meets weekly to help you make positive changes in your parenting. The support group is a place to come together with other parents to share your feelings and get advice on being a good parent. You'll exchange creative parenting practices based on your own experiences and develop a lasting network of friends who can serve as an ongoing resource.

**All meetings are free of charge.**



### Reasons to Join

- Increase your knowledge of child development
- Know that you are not alone
- Learn positive parenting strategies to help you better relate to your children
- Relax and talk with other parents in a stress-free environment
- Gain feedback from other parents
- Learn about community resources and services that can help your family

### Additional Benefits

- Free childcare during meetings
- Snacks are provided
- Facilitated by a Masters level clinician
- Weekly meetings are held year-round
- Social activities throughout the year
- Topics focus on children of all ages
- Easy access to public transportation (SEPTA bus line)

### Meeting Structure

Each meeting provides a combination of support and education for parents. You can expect structured workshops led by a professional facilitator paired with open, informal conversations and discussions.



*Our Parent Support Group is a Pennsylvania Family Support Alliance affiliate.*



### Meeting Details

We meet on Tuesday evenings from 6:00 PM to 7:30 PM.

### Location

Bucks County Family Center  
2 Canal's End Road, Suite 201G  
Bristol, PA 19007

To join our Parent Support Group or to learn more, contact Annie Wise:

**215.757.6916, ext. 300**

You can also reach Annie via email at [awise@fsabc.org](mailto:awise@fsabc.org).