



PARENTING TOGETHER

Classes to strengthen communication between co-parents

Co-parenting classes are for parents experiencing problems with communication. They are designed to help parents work together effectively to promote the best interests of their children following separation, divorce or other conflicts.

We utilize an evidenced based curriculum to teach parents useful anger management, conflict resolution and communication skills to enhance their ability to parent cooperatively and effectively on behalf of their children's best interests.

Classes are not specifically designed for couples. Parents, partners, foster parents, grandparents, and any other individuals who co-parent with another to provide direct care for a child can participate.

AREAS OF FOCUS

- Impact of Conflict on Children
- Anger/Stress Management
- Communication Techniques
- Conflict Resolution Skills

Specific topics include understanding and managing anger, communicating feelings, establishing routines, family values, discipline, problem solving, building self-worth and more.



A Certificate of Attendance will be provided to each participant. This will include the name of the participant, dates of attendance and topics covered.

GROUP SESSIONS

- Located at Family Service, 4 Cornerstone Drive, Langhorne, PA 19047
- 8 two-hour classes (Mondays and Thursdays from 6:30 to 8:30 PM)
- \$350 per person (\$43.75 per class)
- Maximum class size is 30 individuals
- Classes do not need to be completed in order; you can sign up at any time

PRIVATE SESSIONS

- Located in your home or at Family Service
- 10 one-hour classes
- \$550 per person or \$950 per couple

GETTING STARTED

Contact us at parentingtogether@fsabc.org or 215.757.6916, ext. 268 to register. View the current class schedule at www.fsabc.org/parentingtogether.



Stronger today. Brighter tomorrow.

Family Service
4 Cornerstone Drive
Langhorne, PA 19047

www.fsabc.org

We are fully accredited by the Council on Accreditation for Children and Family Services, Inc. Our agency is licensed by the State of Pennsylvania to provide drug and alcohol assessment and treatment services as well as mental health assessment and treatment services. Services and employment are provided in a nondiscriminatory manner without regard to age, race, religion, national origin, sex, disability, sexual orientation, transgender status, protected veteran status or limited English proficiency.

QUESTIONS? Contact us at 215.757.6916, ext. 268 or visit www.fsabc.org/pt.