

FAMILY SERVICE ASSOCIATION
Serving Bucks County residents in their homes, in their
communities and in our offices

Tobacco Dependence Program

The Wellness Program provides information on nutrition and appropriate exercise, and supports our clients in their efforts to develop a healthier lifestyle.

They learn to maintain their weight throughout the course of outpatient treatment, and to incorporate the skills and knowledge necessary to continue to maintain a healthier lifestyle beyond the end of treatment.

Certified Tobacco Treatment Specialists work individually and in a group setting with clients who are considering or are ready to quit smoking.

Langhorne Office
4 Cornerstone Drive
Langhorne, 19047
215-757-6916

Doylestown Office
708 N. Shady Retreat Road
Doylestown, 18901
215-345-0550

Quakertown Office
312 W. Broad Street
Quakertown, 18951
215-538-1616

Bristol Office
2 Canal's End Road, Ste 201G
Bristol, 19007
215-781-6602

Please use Langhorne mailing address for these offices:
The Teen Center, AACES, Deja Vu Thrift,
Bucks County Emergency Homeless Shelter

TTY/TDD 215-750-0727

Bucks County Homeless Hotline: 1-8000-810-4434

www.fsabc.org fsabc@fsabc.org



Our Mission

To protect, maintain, strengthen, and enhance individuals, families, and children, and their social and psychological functioning

Our Vision

Strong communities of healthy individuals, families, and children

Family Service Association

- Protects the elderly
- Reduces substance abuse
- Increases opportunities for adults
- Improves lives of those with mental illness
- Prepares children and adolescents for the future
- Improves the quality of life for those living with HIV/AIDS

Family Service is a member of The United Way of Bucks County and is accredited by the Council on Accreditation for Children and Family Services, Inc. The agency is licensed by The State of Pennsylvania to provide both outpatient Mental Health, and Drug and Alcohol services.

Services and employment are provided in a nondiscriminatory manner without regard to race, sex, color, national origin, ancestry, religious creed, disability, age, or limited English proficiency.



Health Choices Health Connections



Family Service Association

Strengthening the lives of individuals, families,
and communities since 1953

Why Health Choices Health Connections

In 2009, the Center for Health Care Strategies launched a multi-state, national effort to improve quality of care and reduce expenditures for Medicaid beneficiaries. The Program was targeted to consumers who had complex medical and behavioral health needs.

Pennsylvania was among one of the states chosen and Bucks, Montgomery and Delaware Counties were chosen to begin a pilot program.

This initiative is aimed at prevention and improvement of the health status of individuals living with serious mental illness. There is a strong correlation of Physical Health and Behavioral Health problems affecting one another.

The purpose of this initiative is to integrate physical and behavioral healthcare by promoting healthy lifestyles, identifying, and educating consumers with complex medical issues such as diabetes, heart disease, high blood pressure, etc.

Nurse Navigators

As part of the initiative, Family Service Association is one of six Behavioral Health agencies, funded to have a Nurse Navigator.

The role of the Navigator is to engage the

consumer ensuring coordination of their care with Primary Care Physicians, Psychiatrists, Specialists, Pharmacies, and other Health Care Providers and to develop a Wellness Plan.

The Wellness Plan will include

- A Nursing Assessment,
- A physical by their Primary Physician in the past year
- A Psychiatric evaluation in the past year.
- Monitoring of vital signs
- Interpreting laboratory results for the consumer
- Assisting with weight control
- Smoking cessation
- Education regarding Physical Health conditions or testing that is required.

FSA currently has three nurses working in the HCHC Program and has recently hired a Certified Peer Specialist to engage smokers and consumers that are having difficulties managing their physical health issues.

The criteria for the Program are that a consumer must have a major mental health diagnosis, some form of Medicaid. This can be in combination with other insurances such as Commercial or Medicare.

Family Service Association Outpatient Behavioral Health Program includes:

- Ongoing therapy, discharge planning, referrals, and follow-up
- Comprehensive psychiatric evaluations and medication monitoring
 - A Nursing Team to offer medication education, and act as a liaison with school nurses and primary care physicians
 - Case Management
 - School-based Services
 - Home visiting services to seniors
 - Peer Support Groups
- A Wellness & Tobacco Dependence Program